



2. Model of Care – and power Manaakitanga

Top themes

- The “model of care” is the way health services are delivered. It determines how health resources and services, including nursing, are allocated in Aotearoa New Zealand.
- Nurses must be involved in designing models of care and allocating resources.
- In a rapidly evolving health environment, there is recognition that current models of care will not meet future need and that new approaches are required.
- Nursing is the largest health workforce. As a professional, skilled and culturally competent workforce, nurses must help design new models of care.
- NZNO’s has aspirations for innovative and flexible models of care that are person-centred and are developed and evaluated by nurses. Major shifts are required to achieve these aspirations.
- Innovation is an essential aspect of the nursing model of care for Aotearoa New Zealand. As many past innovations were not sustained due to a lack of funding, a different funding approach is needed to support innovative nursing practice.

Major shifts required to improve the model of care

| Historical | Contemporary |
|---------------------------------------|---|
| Biomedical model | Biophysical and psychosocial health orientation |
| Medical home | Health is in the person's home, health is everywhere - there is no wrong door |
| Funding and contracting | Flexible funding and improved contracting |
| Cost | Investment |
| Economic rationalism | Healthy population growth = economic growth |
| Innovation at the margin | Innovation in mainstream |
| Nurses as a unit of production | Nurses as the solution to sustainable, high-quality services |
| Western-centric model | Holistic models of care incorporating Te Ao Māori worldview |

NZNO strategic actions

- Create terms of reference for an advisory group with expertise within Te Rūnanga, college and section networks to prepare a nationwide core model of care for Aotearoa New Zealand nursing services.
- Form an internal expert advisory group to develop a model of care, bringing in additional expertise as necessary.
- Seek out and share all types of nurse-led services and innovations, current and past, through the NZNO website.
- Support investment in and the implementation of Māori nursing innovation.
- Use emerging technology and data to drive innovation and decision making.

The full strategy can be downloaded from: www.nurses.org.nz

and advice and help can be received by phoning the NZNO number: **0800 28 38 48**.

